

# LIVING YOUR DESTINY WORKBOOK



Vince Lombardi, the Green Bay Packers legendary football coach, had an interesting way to begin pre-season training camp.

Football in hand, Lombardi walked to the front of the room, held out the pigskin in front of him and said, "Gentlemen, this is a football."

# TRAINING CAMP



In only five words, Lombardi communicated his point: We're going to start with the basics and make sure we're executing all the fundamentals.<sup>(2)</sup> Why in the world would a seasoned coach talk to professional athletes like that? Lombardi operated on a simple philosophy. He believed that excellence could be best achieved by perfecting the basics of the sport.<sup>(3)</sup>

**"Gentlemen,  
this is a football"**



Life Training Center's Training Camps bring together "pros" and "rookies" to learn from and sharpen each other. It is a concentrated time of learning new skills and sharpening old ones. Michael Jordan said, "You have to monitor your fundamentals constantly. The minute you get away from fundamentals, the bottom can fall out of

your game, your schoolwork, your job, whatever you're doing. Get the fundamentals down and the level of everything you do will rise." We must keep our fundamentals sharp at all times. The Training Camps are a means of ensuring that we are constantly raising the level of everything we do for God's Kingdom.

Professional and amateur athletes, as well as performing artists, and even sales people have coaches. Often when a professional's performance is slipping, the first thing a coach will do is take them back to the fundamentals. No matter what level they're at, rehearsing the fundamentals is... well, fundamental. We never get too good at what we do that we have no need to brush up on the basics.

NAME & DATE

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# Living your DESTINY

Many Christians believe they have a destiny, and want to reach it. We've been told and believe that God has a plan for each of us. But for many that plan is a mystery or something always somewhere in the future.

This training camp will look at examples from the Bible of those who lived out their destiny. We'll discover skills that help us find and walk in our destiny, as well as what stands in our way. Most importantly, we'll practice those skills together to help learn to hear God's voice better, be discovering His plan and living it.

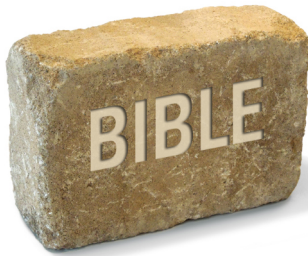
## Other Training Camps in Series One:

The Word Comes Alive | Power for Living | Putting on the Armor |

Kingdom Minded Prayer | Catch the Wind

## Training Camps in Series Two:

Bible Memory | Beyond the Rearview Mirror



## SKILL & OBSTACLE

### I. PREVIEW

- A. Skills. 1 Timothy 4:7-8, \_\_\_\_\_ yourself in godliness.
- B. Hindrances.
- C. Safety Net.
- D. Practice.
- E. Pursuit. If you want to know and reach your destiny, pursue \_\_\_\_\_!

### II. DESTINY

- A. What does the word “**destiny**” mean? 2 Corinthians 11:15; Philippians 3:19; Jeremiah 29:11.

\_\_\_\_\_ ?

\_\_\_\_\_ ?

- 3. Ephesians 2:8-10, \_\_\_\_\_ - \_\_\_\_\_ good works.
- B. Jesus, our first example. Matthew 1:18-21.

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### III. MOST NECESSARY SKILL

- A. Luke 8:21, \_\_\_\_\_ & \_\_\_\_\_.
- B. John 10, \_\_\_\_\_ & \_\_\_\_\_ God.
1. This is the most essential part of living our destiny.
  2. God is always speaking to us, we need to learn to hear.

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### IV. BIGGEST OBSTACLE

- A. Disobedience?  
\_\_\_\_\_ !!!
- C. Hebrews 3:7, 15; 4:7, \_\_\_\_\_ heart, i.e. callous.
1. cal-lous, adjective: having a callus; to be made unfeeling, as parts of the skin exposed to friction.
  2. Protects, but also \_\_\_\_\_.

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### V. HEARING GOD

- A. Job 33:14, God \_\_\_\_\_ in \_\_\_\_\_ ways.
1. Through the Bible.
    - a. Exodus 25:22 and John 5:39, God promises to \_\_\_\_\_ with you and \_\_\_\_\_ to you over the container of the testimony which is the \_\_\_\_\_.
    - b. John 8:31-32, If \_\_\_\_\_ abide (soak) in the scripture, you'll know truth which will set you free.
  2. When we praise, pray in the Spirit.
  3. Through everyday things.
  4. Through people.
  5. Through supernatural things.

- B. 1 John 4:1, Test the spirits. Remember, there are other "\_\_\_\_\_".
1. 1 Samuel 3:1-14, Luke 6:40, Hang out with \_\_\_\_\_.
  2. Ask relevant questions, for instance...
    - a. Is it \_\_\_\_\_?
    - b. Is it for \_\_\_\_\_?
  3. LEAN INTO \_\_\_\_\_ (\_\_\_\_\_).
    - a. Test the \_\_\_\_\_. Do a "risk/reward" analysis. If this is God... If this isn't God... Looking FOR a \_\_\_\_\_ of obedience... NOT looking for \_\_\_\_\_ to do \_\_\_\_\_.
    - b. A \_\_\_\_\_ vehicle is easier to steer than \_\_\_\_\_ one. "When you walk..." Isaiah 30:21.

## VI. LIVE YOUR DESTINY, PRIME THE PUMP

- A. Week 1 exercises, the Bible.
1. Meet with God over His Scripture.
  2. Be prepared to capture something.
  3. Be faithful in the "little" things (the fundamentals).

## WEEK 1 EXERCISES

In order to break the resistance to change that builds a callus on the heart, change up your practices and expectations.

1. Read the assigned scripture as a reminder of God's plan to speak to you through the scripture.
2. In addition to the very short passages in these assignments, read whatever regular reading plan you are following.
3. Journal on a portion of scripture. Here's how that works:
  - Pray before you read and ask God to speak to you.
  - Read, Reflect, Capture.
  - **S**cripture  
**O**bservation  
**A**pplication  
**K**neel in Prayer

**Day 1: Read 1 Samuel 3:4.**

**Day 2: Read Numbers 7:89.**

**Day 3: Read Exodus 33:7.**

**Day 4: Read Exodus 25:22; John 5:39.**

**Day 5: Read James 1:5.**

**Day 6: Read John 10:3-5.**

**Day 7: Read John 10:14-16.**







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**Genesis (HCSB)**

**Chapter 37**

<sup>2</sup>@17, Joe works w/bros, brings had report

<sup>4</sup>Bros see robe, hate him

<sup>8</sup>Bros hate him more

<sup>36-38</sup>Sold, taken to Egypt

**Chapter 39**

<sup>8</sup>Pot's wife tempts, insists

<sup>14-16</sup>Wife lies, Pot believes

<sup>31-33</sup>Joe gains authority in prison

**Chapter 40**

<sup>1-3</sup>Butler, baker imprisoned, have dreams

<sup>13-22</sup>Joe interprets

**Chapter 41**

<sup>1-8</sup>Pharaoh dreams, NO ONE can interpret

<sup>37-38</sup>Joe named Egypt's #2 (@30).

<sup>3</sup>Dad loves Joe more... fancy robe

<sup>5</sup>First dream

<sup>9</sup>2<sup>nd</sup> dream

<sup>36</sup>Joe to Pot's house

<sup>15</sup>Joe runs

<sup>20</sup>Joe to prison

<sup>40:23-41</sup>Joe forgotten, 2 more years in prison

<sup>9-39</sup>Butler remembers, Joe called, interprets, advises

\*2-4 million according to one source.



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